2024 Open Enrollment

October 23rd through November 17th

Group Health Plan Changes for 2024

• Effective January 1, 2024, the Emergency Room copay is $350
• All other aspects of benefit plans including monthly premiums will remain the same through 2024.

Online Benefit Elections for 2024
This year you will have the opportunity to submit your insurance elections/ changes through the Selerix system. Selerix is a secure, user friendly, self- service online enrollment portal that can be accessed from a computer or smartphone. This allows you to elect benefits on your own time during open enrollment.

If you plan to enroll in benefits or make benefit changes for the 2024 plan year you will need to visit https://metlife.benselect.com/Chouest between Oct. 23 - Nov 17, 2023.

Open Enrollment will close at 11:59 pm on Nov. 17th.

Login Information:
User ID - Your user ID for this year's Open Enrollment will be your Employee ID, (Your employee ID is on the left corner of your direct deposit statement.)

Password (PIN) - Your PIN for this year's Open Enrollment will be the last four digits of your Social Security Number, along with the last two digits of your birth year.

Example: Birth Year: 1955
SSN: 123450000
PIN: 000055

Attn: Dual authentication will be used when logging in to Selerix, and you will receive a code to your email or your cell phone.